



Honoring those who inspire the best in all of us.

FOR IMMEDIATE RELEASE

CONTACT:

Robin D. Stauffer, Executive Director
Essence of Humanity Award Program
717-293-4487

Kay Pickering Honored with Essence of Humanity Award

Lancaster, Pa. (April 16, 2010) – Kay Pickering of Harrisburg was honored by the United Way of the Capital Region Volunteer Center with an Essence of Humanity Award on Tuesday, April 13. Pickering received the award from the organization, through its work with the Neighborhood Dispute Settlement mediation center, at the United Way’s annual volunteer awards ceremony at Beth El Temple in Harrisburg.

The Essence of Humanity Award is intended to recognize individuals who, beyond the requirements of their work, demonstrate remarkable human qualities including courage, love, strength, determination, and persistence when dealing with adversity. The award also honors those who demonstrate a spirit of caring and provide inspiration to such individuals on a daily basis.

About Kay Pickering

Kay Pickering works as a housing counselor for The Harrisburg Center and, according to those who know her, embodies the definition of a selfless and tireless volunteer. Working many hours, Pickering often spends mornings visiting with clients that have mobility challenges, and then opens her office door for scheduled appointments and walk-ins. On a daily basis, Pickering assists individuals who are either homeless or on the verge of being homeless. When the bureaucratic structure of the social services system can be overwhelming to clients, she is there to walk them through it. Also a dedicated volunteer for Neighborhood Dispute Settlement, Pickering works

tirelessly with organizations that take on issues like predatory lending, fair housing, and homelessness. Pickering sees obstacles as challenges and empowers those she helps with a sense that they can overcome the obstacles they encounter on a daily basis. In these ways and many more, Pickering embodies the essence of humanity.

About Essence of Humanity

The intent of the Essence of Humanity Award is to honor those who inspire the best in all of us through the award and by elevating their stories. The program began in 2001 when business and community leaders in South-Central Pennsylvania established the award. The award is presented by participating organizations in collaboration with the Essence of Humanity program's steering committee, which evaluates the nominations. For more information, contact Robin Stauffer, Executive Director, at 717-293-4498, or visit the website at www.essenceofhumanity.org.

#